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Affiliated to : International Roll Ball Federation
Recognized by: Ministry of Sports, Govt. of Sri Lanka

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CRITERIA FOR THE NATIONAL ROLL BALL TEAM SELECTION

1. Outstanding Performance in Tournaments

- Players must consistently perform well in club district, province, and national-level tournaments.

2. Technical Skills and Game Understanding

- Mastery of sport-specific techniques and deep understanding of strategies. mentioned below

- Ball control with the skates
- Skating rolling speed
- Running speed with skates
- Rolling and back ward
- Rolling and Brake
- Goal shooting methods
- Power throw (single & both hand)
- Spin moving with a skates and ball
- Zigzag moving with the skates
- Jump with the skates (Long & High)
- Goal keeper must know the movements